



*Give yourself a relaxing break
and treat yourself to a massage by the sea or in your room.*

Massages

- *Californian massage / Wellness, Relaxation*
 - *Sporty massage / Muscular relaxation*
 - *Indian massage / Energy, tonus*
 - *Korean relaxation / Stretch, appeasement*
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- *30 Minutes /60€
(except indian massage)*
 - *1 Hour /110€*

Coach sportif

- *One to one professional coaching*
- *1 Hour /60€*